

Please join ANCAP as we congratulate Jordan Skan for his recent success in being awarded the National Institute of Health (NIH) Minority Research Fellowship. Jordan is a Tlingit Alaska Native, born and raised in Ketchikan, Alaska. He is currently a 5<sup>th</sup> year Doctoral Student in the UAA Clinical Community Psychology Program. He became an ANCAP member while receiving his undergraduate degree at UAA and has previously serviced as the

ANCAP coordinator during his 1<sup>st</sup> and 2<sup>nd</sup> year of the doctoral program (2009-2011).

Currently, Jordan is working as a Behavioral Health clinician at Providence Family Medicine Center (PFMC) and working on dissertation. The NIH Minority Research Fellowship will help

protocol for Alaska N unethical research, historical trauma, and non-western worldviews it is a reasonable concern

pu participating in research.

# Congratulations to Maria Crouch!

ANCAP is happy to announce that Maria Crouch has also been awarded a NIH Minority Research Fellowship. Maria is of Deg Hi'tan Athabascan and Mexican heritage, born and raised in Alaska. She is currently a 1<sup>st</sup> year Doctoral Student in the UAA Clinical Community Psychology Program. Maria became an ANCAP member while working

interests include working with Alaska Native Elders and developing a better understanding of Wellness. She is also passionate about the positive implications of research and the dissemination of information. In the past, Maria collaborated with Stanford University to develop a teaching model for caregivers working with Alaska Native Elders. Currently, Maria is utilizing support from her NIH Minority Research Fellowship to develop a contextually-relevant and culturally-sensitive measure of wellbeing. The project is in the initial stages of a four-year endeavor to serve the Alaska Native peoples of the Bristol Bay region. Maria hopes her research will empower and promote wellness within the entire Alaska Native population.

ting from UAA with her PhD in Clinical Community Psychology, working with the Alaska Native population, and working with community

### <u>ANCAP Summer</u> <u>"Psyched" Program</u>

The 2<sup>nd</sup> a

was conducted in collaboration with the WWAMI
Della Keats Health Sciences Program. Through the
, incoming high

school seniors travelled from their home communities and stayed in the UAA campus dormitories for 6 weeks. They were extremely busy during this time, taking courses in psychology, public health, medical ethics, microbiology and genetics, written and oral communication, anatomy and physiology, and medical terminology. Participants who were selected for the program had all expenses paid for by ANCAP,



During the summer of 2014, three Alaska Native students from rural Alaska and one youth from Anchorage were exposed to UAA, college-level standards and expectations, and careers in the mental and behavioral health fields. They were able to explore the UAA campus and learn what they need to do to be prepared and succeed in college. It is hoped that these students will continue with their desire to pursue careers in mental and behavioral health, and that their dedication to serving the Alaska Native community will continue to grow. They all passed their classes and in addition to receiving some high school credit, they now also have 3 college credits that satisfy UAA General Education Requirements. Most importantly, students had fun and developed many new friendships!



## Congratulations to the 2014 ANCAP 6 X P P H U 3 3 V \ F K H G ′ 6

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### ANCAP Visi ts Galena!

In April, previous ANCAP coordinator Chantel
Justice, visited the
Galena boarding
school. She met with
junior high and high
school students to
discuss psychology,
the importance of a
college education,
and how they can use their
education within their communities. The students
were very excited and had wonderful questions about psychology.
Several students are working with ANCAP to apply for college and/or
scholarships.



### Seeking Applicants for Service & Research Grants Up to \$1500

ANCAP offers four competitive grants each year to support an outstanding graduate or undergraduate research or service activity in the broad area of behavioral/mental health or psychological experiences of Alaska Native or American Indian communities. Proposals are due in December. ANCAP offers help to students applying for scholarships and grants.

If you or someone you known terestein applying for a Service & Research Grant this Fall, 2014 also contac ANCAP Coordinators

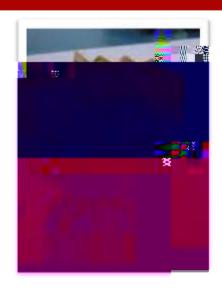
Jennifer Burkhart or Tracy Stevant uaa.ancap@gmail.com

You can also contact the ANCAP Director, E.J.R. [ PhD at 907/866778 opirdavid@uaa.alaska.edu

### Time for Scholarship Applications!

Applying for scholarships can seem to be an overwhelming process. ANCAP is here to assist you in that process at whichever stage you are currently in. ANCAP can help with finding scholarships that you are eligible for, clarifying questions you have about the application process, filling out the application, requesting letters of recommendation, and editing required essays. Several students have stopped by the office for assistance and have felt like the process of applying was demystified. Applying for scholarships is one of the easiest ways to have your education paid for, and helps to avoid unwanted debt.

Several scholarship deadlines are



ANCAP Courses

### **ANCAP Services**

#### **Equipment Loans**



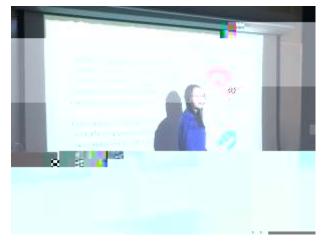
ANCAP is excited to offer equipment loans to ANCAP members during the academic year. Technology is convenient, very helpful, and for some courses it is a requirement. However, technology is also a large expense for students. ANCAP still has laptops and iPads available for loan. Please contact ANCAP coordinators Jennifer Burkhart or Tracy Stewart at <a href="mailto:uaa.ancap@gamil.com">uaa.ancap@gamil.com</a> or 907-786-1501 if you would like an equipment loan.

One member who used an ANCAP iPad during previous school years said, "It was a great help and money saver. Using an iPad was easier to carry with me to courses and helped me organize my schedule and work. The calculator and calendar on the iPad were helpful in my classes, as were many of the available applications." - Mariana Ivanovic, doctoral student in the UAA-UAF joint PhD program in clinical-community psychology.

If you have a unique need, then please contact the ANCAP office. For example, we had a request last year for a voice recorder to use during class for help with note taking. We now have two voice recorders available in addition to the laptops and iPads. You can use voice recorders during class lectures (providing it is not prohibited by your professor).

#### **Tutoring**

ANCAP also offers Tutoring services! You can stop by our office in the Social Science Building, Room 217, or email us at <a href="mailto:uaa.ancap@gmail.com">uaa.ancap@gmail.com</a> to make an appointment. We offer tutoring in a variety of courses, not only Psychology. And if you need additional assistance we can help get you in touch with the right person and resources. Please know we are here to help you in any way we can!





- x Alaska Airlines
- x Alaska Mental Health Trust Authority
- x Arctic Slope Community Foundation
- x Arctic Slope Regional Corporation
- x Denali Commission